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Med Gudied: A Personalized Medical Guidance System

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ABSTRACT

The integration of Artificial Intelligence (AI) into healthcare has revolutionized patient engagement and access to medical information. This research introduces MediAssistBot, an medical chatbot designed to provide preliminary consultations, symptom analysis, and healthcare advice using Natural Language Processing (NLP). MediAssistBot serves as an assistive tool, supporting users with non-emergency health concerns by interpreting user inputs and responding with appropriate guidance. This paper discusses the design methodology, system architecture, user research analysis, and potential future enhancements.

Keywords: Artificial Intelligence (AI), Medical Chatbot, Healthcare Technology, Natural Language Processing (NLP)

I.INTRODUCTION

Access to basic healthcare advice remains a challenge in various parts of the world due to limited resources or overburdened health systems[7]. AI-powered chatbots offer a promising solution by providing 24/7 assistance, reducing unnecessary hospital visits, and guiding users toward appropriate care[8][9]. MediAssistBot aims to bridge this gap by offering a user-friendly, reliable platform capable of interpreting user symptoms and offering advice or next-step suggestions such as visiting a doctor or engaging in self-care[10].

II. LITERATURE REVIEW

Numerous studies have explored the potential of AI in healthcare[11]. Chatbots like Babylon Health and Ada Health demonstrate the feasibility of AI-driven medical consultation tools[13]. Recent systematic reviews indicate that AI chatbots can influence health behavior changes and improve engagement when equipped with empathetic communication [JMIR, 2023][14][15]. BERT-based chatbots and hybrid models have been proven effective in enhancing diagnostic support and patient satisfaction, particularly in non-

emergency cases [ScienceDirect, 2024]. However, data privacy, ethical challenges, and trust remain significant concerns. Research also highlights the transformative role of AI in reducing hospital readmissions and improving patient access to medical knowledge [Frontiers in Public Health, 2025][16][17].

III. METHODOLOGY

A. System architecture:

The chatbot system consists of:

- 1) Frontend Interface (web/mobile UI)
- 2) Chat Engine with NLP
- 3) Knowledge Base (medical database and response templates)[25]
- 4) Backend Server for data processing and API integration[26]

B. Workflow:

User initiates a chat.

1) NLP engine parses symptoms or health queries.[17][27]

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- 2) Rule-based logic checks for keyword patterns.
- 3) AI module generates a response or escalates to a human agent.
- 4) Feedback is stored to improve future interactions.[19][28]

IV.EVALUATION

The prototype was tested using a dataset of 100 common medical queries[30]. MediAssistBot achieved:

- 1) Accuracy: 86% correct primary responses.[21]
- 2) Response Time: <1.5 seconds on average.
- 3) User Satisfaction: 4.3/5 (based on feedback from 50 test users)[23]

Performance was notably higher for general health tips and common symptom triage than for rare or complex conditions.[18][19]

V.SYSTEM DESIGN

System Architecture of Personalized Medical Recommendations and Diagnosis System

| Doctor Sciences | Devices | Devi

Figure 1

VI.ALGORITHM DESIGN

The decision-making process of MediAssistBot is governed by a hybrid algorithm that combines symptom scoring and probabilistic inference. Below is the simplified logic:

Symptom Scoring Function: Let:

- 1) $S = \{s_1, s_2, ..., s_n\}$ be the set of user-reported symptoms
- 2) $D = \{d_1, d_2, ..., dm\}$ be the set of possible diagnoses
- 3) $W(s_i, d_j)$ = weight of symptom s_i for disease d_i

Score for each diagnosis d_j : Score(d_i) = Σ w(s_i , d_j) for all $s_i \in S$

The diagnosis with the highest score is selected, provided $Score(d_j) > threshold T$. If no score exceeds T, the bot recommends a doctor's visit.[28]

Response Selection Algorithm:

If emergency detected(S):

Return "Seek emergency medical attention."

Else if $Score(d_i) > T$:

Return advice related to d_j

Else:

Return "Please consult a healthcare

VII. DISCUSSION

The chatbot successfully demonstrated its potential in delivering basic health advice and triaging patient symptoms[10][11]. Studies reveal that hybrid chatbot systems combining rule-based and AI-driven logic offer higher reliability and user trust. However, concerns such as misinterpretation of user inputs, cultural context, and limitations in handling emergencies persist[14]. Incorporating supervised LLM-based models and regional language support can significantly enhance chatbot effectiveness. Additionally, addressing security concerns through encryption and compliance with medical data regulations is vital[16].

VIII.RESEARCH AND ANALYSIS

To evaluate the feasibility and usability of MediAssistBot, a mixed-method user study was conducted. The chatbot was deployed for trial use among a sample group of 50 users, comprising students, healthcare workers, and general users with varying digital literacy. A set of predefined health queries were asked, ranging from cold and

flu symptoms to skin conditions and digestive issues. Key findings included:

- 1) Usability Score: Based on the System Usability Scale (SUS), MediAssistBot scored 82/100, indicating excellent usability[21].
- 2) Trust Factor: 78% of users expressed moderate-to-high trust in the responses provided, particularly for general health tips.
- 3) Limitations: 22% of users expressed concern regarding limited responses for complex or chronic conditions.
- 4) Language Barrier: Some users preferred native language options, indicating the need for multilingual support[15].

The study highlights that while the chatbot performs efficiently for basic queries, future iterations must address language inclusivity and real-time expert integration to expand its effectiveness[14][17].

IX. RESULTS

The Multiple Disease Prediction System was successfully deployed to predict Diabetes, Heart Disease, and Parkinson's Disease based on user-input parameters. The system provided accurate predictions within seconds and offered a user-friendly interface to collect patient details.

A. Diabetes Prediction:

The diabetes prediction module accepts inputs such as glucose level, blood pressure, insulin level, and number of pregnancies to determine the likelihood of diabetes. Upon entering the data and initiating the analysis, the system swiftly predicts whether the individual is diabetic.



Figure 1: Diabetes Prediction Output

B. Heart Disease Prediction

The heart disease prediction model evaluates patient health data including age, resting blood pressure, cholesterol levels, and chest pain types. By processing these parameters, the system provides an instant assessment of the user's risk of heart disease.



Figure 2: Heart Disease Prediction

C. Parkinson's Disease Prediction

The Parkinson's prediction module leverages voice frequency measurements (such as MDVP features) and signal processing parameters (like shimmer and jitter) to predict the likelihood of Parkinson's Disease. Users input these values, and the model generates a predictive diagnosis.



Figure 3: Parkinson's Disease Prediction

X.FUTURE SCOPE

MediAssistBot's future development roadmap includes:

- 1) Multilingual Support: Expanding to regional languages to increase accessibility[12][13].
- 2) Real-Time Doctor Integration: Enabling live consultation or callback features.
- 3) HER Integration: Secure access to electronic health records to improve personalized responses.
- 4) Continual Learning: Using supervised learning loops for ongoing model refinement.
- 5) Mental Health Module: Introducing a support system for emotional and mental wellness[6][17].

These enhancements aim to transform MediAssistBot into a comprehensive health assistant capable of managing both physical and mental health queries with greater accuracy and empathy.

XI.CONCLUSION

This research illustrates the feasibility of using AI and NLP to build a medical chatbot that enhances healthcare accessibility[1][2]. While not a replacement for professional medical advice, MediAssistBot serves as a valuable preliminary

consultation tool, particularly in areas with limited healthcare access[4][9]. Integration with certifiedmedical databases, multilingual support, and ongoing model training are essential to ensure long-term utility and reliability[5][22][24].

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