

# Yogic Power – The Highest Power in Nature

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## ABSTRACT

This is a multidisciplinary review-research paper, and its purpose is to introduce the concept of yogic power to the scientific communities. Yogic power has nothing to do with religions. There are advanced level yogis all over the world. The internet has a rich collection of literature on the subject. Once we read this paper carefully, we will understand that there is a vast science that we never knew that it exists even today.

We give an amazing example, first published by Professor Ian Stevenson, to illustrate how a human baby is manufactured inside mother's womb in a very specific engineering way like an advanced 3D printer. From this example we can conclude that every object in the universe, like our sun for example, is also manufactured in the similar way. Thus yogic power is not just the power of yoga exercise or yoga meditation, it is also the manufacturing and controlling power of our souls. We point out that this theory of creation is detailed in Vedas and is also summarized in Bible.

Therefore the yogic power is the strongest level power in the universe, and it is also the foundation of all knowledge about the universe. All the scientists in various fields like, physics, medicine, biology, evolution theory, social science, and even engineering, must understand this concept of yogic power as demonstrated by nature. These demonstrations and the corresponding analysis will show how we can improve our societies and life styles.

It is well known in the academic literature, and is described briefly in this paper, that all modern scientific theories are based on assumptions. Since assumptions are invalid for both nature and engineering, no results based on theoretical and experimental evidences therefore can provide any meaningful conclusions about nature. All engineering experiments will automatically reject all assumptions because engineering is a part of nature. Therefore we must observe the nature, the way as it is, just like Galileo did, to understand the laws of nature. We will give many examples of such observation in nature to illustrate the characteristics of yogic power. We will realize that the nature always demonstrates all its truths for us to find, observe, and learn about nature for our own individual emancipation.

**Keywords:** Vedic science, modern science, soul theory, yogic power, destiny, universal truth.

## **INTRODUCTION**

We examine and learn about different varieties of yogic power by studying some examples taken from the literature. One of them is about some experiments performed by US scientists on a visiting yogi from India (Green). Some other examples show that animals, butterflies, physical materials like water, electronic circuits, etc., also have yogic power. There are some examples where kids are born with some special yogic power, like reading mother's mind, exact vision to see chess game boards without looking at them, high level ability to lecture on Buddhist philosophy, etc. More complex examples like healing diseases, predicting future in life, observing one's own past lives (Weiss), etc., are also presented in this paper.

These examples will prove that the universe does not have any objective view. They will show that every object has a soul, and that the soul is conscious. Therefore all objects in the universe are simultaneously and continuously interconnected not only physically but also by using the consciousness property of their individual souls. And thus the universe does not have a subjective view either. This simultaneity law creates the global destiny, which is the highest level law of nature, and therefore is the correct view of nature. Everything in the universe is guided by this global destiny (Das, 2013b). So, nothing can be understood by taking objects or subjects in isolation. Only from direct observations in nature we can understand the true characteristics of life in the universe. In addition, these examples will also show the inherent magical potentials that exist inside all humans.

It is very interesting to find that our societies do not have a definition of truth. Most common understanding is that – “You have your own truth and I have my own truth.” If that is correct then Galileo would still be in jail today. A careful reading will show that both Vedas and Bible have the same definition of truth. We find that both books highlight the same laws of nature, like destiny, for example. We can then say that there was a time when Vedas were known all over the world. We provide that definition of truth and show its consequences.

Thus to understand the yogic power, only which can give you the tools to see the truth, we must undertake a completely different approach. Yogic power concepts are absent in the mainstream. As a result we will see that there is no truth in the mainstream. We briefly cover these concepts related to the mainstream, to make this paper self contained and enhance its understand-ability, which are discussed in details in the referenced literature (Das, 2019).

**Contents:** Remaining parts of this article cover the following contents. • Definition of truth • Experiments on a yogi • Manufacturing a baby • Theory of creation • Yogis by birth • Yogic power of materials • Yogic power of animals • Acquiring yogic power • Books on yogis • Human yogis • Yogic power of UFO-ET • Medical science and yogic power • Destiny and yogic power • Theory of yogic power.

## **DEFINITION OF TRUTH**

We define truth using the following three sentences. All three sentences are very critical (Das, 2019). Although this definition of truth is given in both Bible and Vedas, but it has remarkable consequences in our modern societies.

**Definition of Truth-(T1):** (1) Laws of nature are the only truths. (2) These laws are created by the objects of nature and their characteristics. (3) Nature always demonstrates its all laws.

It is clear that such truths are unique, universal, and eternal. It will be explained later, by using observation of nature, that such truths are neither objective nor subjective. Unique means one law will not contradict another law. Uniqueness also means that every observation in nature can be understood in the same consistent way by everyone. Universal means if a truth is valid on earth, it will be valid on moon, mars, or on any other planet in any other galaxy. Similarly, universal also means if it is true in USA it must be true in any other country on earth, like in China. Eternal means if a law was valid million years back then it must be valid now, and will remain valid million years from now. Technology or science cannot change these laws; instead we must follow or tune ourselves with these laws (Das, 2018).

Item three of T1, indicates all laws can be observed in nature, and if you search carefully like Galileo did, then you will find them. Note that Galileo was the only person out of one billion humans on earth who was able to observe such a law. So, one must become a dedicated, persistent, and honest seeker to find such truths. But once you find it, you will see it visible everywhere, just like it happened for the case of Galileo. We will find that the yogic power examples are also such rare truths. And if you become a seeker you will really find them to be true. Fortunately, all such observations are already well documented on the internet; you just have to search and recognize them. Since we are objects of nature and we are immersed in truths from our birth, it is difficult to recognize them.

**Assumptions and Theories:** Item three says that the laws of nature cannot be created; it must be observed in nature. For example, Newton's first law is not a law of nature, because it is not observed in nature, it was created by Newton using some assumptions (Das, 2018). Here is a statement of Newton's first law: 'In an isolated environment or in the absence of any unbalanced external force, an object will continue to move in a straight line with a constant velocity.'

Clearly, nobody has seen any such object moving with a constant velocity in a straight line on earth or in deep space. This happens because this law has the assumption: in the absence of any unbalanced external force, which is invalid. Gravitational force is always there in every point in space, including on earth. This force is the result of summation of all gravity forces from all the objects in the universe. This resultant will never be balanced because all objects are continuously moving. Moreover, because all objects are continuously moving, a straight line also cannot exist in space. More on such examples and with all details can be found in (Das, 2019).

Thus Newton's first law is an individualized subjective view of Newton himself, he made the assumption, and it failed. Newton's law is not objective either, because no object in the universe obeys his law. Surprisingly the special relativity theory of Einstein assumes the existence of an inertial reference frame, a frame that moves with a constant velocity in a straight line. Clearly this frame cannot be meaningful; we see that this is the Newton's first law, which is not correct. Thus the special relativity theory cannot be correct also (Das, 2014b).

It must be recognized that all of our scientific theories are based on assumptions, similar to the example of Newton's first law. Since assumptions are invalid for nature and engineering, none of these theories can be verified by any engineering experiment. This is so because all experiments will automatically reject all assumptions. This shows that not only the theories are wrong, our scientific process, and understanding of nature are also wrong.

It is worth noting that all experiments are valid and they demonstrate some laws of nature, but they cannot prove any theory, because the experiments rejected all assumptions. Thus yogic power, and therefore the truth, cannot be proven using such concepts of modern science. Nature can be understood only by observing the examples that nature demonstrates, just like Galileo did.

**Math and Science:** To fully comprehend the definition of Truth (T1), and therefore the yogic power, we must also understand the meaning of the false things (falsehoods) on our earth. There are two very important false objects that are all pervading – (a) Real numbers and (b) Money. Of course, money is a real number too.

Since real numbers are not objects of nature it must be false. Real numbers are also considered as points on a straight line. But as we have mentioned that straight lines do not exist in nature, therefore we can see that the foundation of mathematics must be false. Since false cannot become true no matter what you do with it, the entire mathematics subject must be false (Das, 2011a). Since physics uses mathematics, and mathematics is false, therefore the entire physics must be false too. For more specific examples, besides this general philosophy, take a look at (Das, 2013a).

There is another very important problem in our modern science: these theories are not only created, without observing the nature, they are also entirely based on assumptions and layers of assumptions. We have seen how Newton and Einstein created their theories using assumptions, and how one is built upon another.

A very basic textbook in Quantum Mechanics (QM) points out that position and momentum are related by Fourier Transform (Phillips). This assumption is quite well known in QM and is obviously wrong. Position and velocity are independent and cannot be related. If you assume a relation to begin a theory, then the result will also show the same relation, the uncertainty relation, which therefore must be wrong too. Thus the uncertainty relation cannot contradict the destiny law. See the original proof of (Heisenberg), reproduced in the QM paper (Das, 2013a). Thus mathematics and physics have kept all of us inside a false environment.

**Financial system (CBE):** The similar falsity or falsehood exists in the central bank economy (CBE) also. Since money is false, because money is not an object of nature, money must be free and abundant at its source, which is the central bank (CB). Money can therefore be manipulated secretly and also openly to control the domestic and foreign economies at will. Periodic recessions can be created to destroy the wealth of the bottom fifth of the population and then stolen by the rich (Das, 2011b). It must be understood that you cannot become rich without stealing from others. There is no win-win for any financial transaction. Win-lose is a law of nature, it is called the law of conservation in physics (Das, 2012a). In every apparent win-win transaction you will always be able to find a third party who will be the loser. The environment will be always the loser.

To give an example we show that profiting, the most important activity of all businesses, is nothing but stealing. We make a product at \$5 and then sell it at \$15, thus make a profit of \$10. Thus we steal \$10 from every person who buys the product. If you look at any activity of any business, you will always find that there will be losers. Well known economist, Keynes said, not even one man in a million knows how CBE works (Das, 2011b).

This way the wealth gap is increasing. The wealth gap is the true measure of poverty, because that is the amount stolen from the people. In the central bank economy (CBE), all objects and activities have been assigned a money value, like apple is \$10, none of which can be justified. Thus everything must be false in the economy. The consequence is - wide spread poverty, violence, incarceration, wars, lack of peace, lack of truth, migration, pollution, ignorance, corruption, etc. These concepts are very well known in research articles, see for example references in (Das, 2011b), but cannot be found in any modern macroeconomic textbooks. Therefore the students and the teachers cannot know the truth about CBE, as Keynes pointed out.

### **Engineering**

A note about engineering should be highlighted. Engineering is correct because engineering uses objects of nature. However, since engineering also uses false mathematics, false physics, and false money, the engineering is unreliable, unsafe, and pollutes the environment.

### **Moneyless Economy (MLE)**

The definition of truth gives us the best alternative to CBE. Since money is false it cannot be necessary to run any kind of economy. It has been shown that the exact same economy that we have now can be maintained exactly without any kind of money, called Moneyless Economy (MLE). MLE is the only natural economy, which obeys all the laws of nature, and if implemented it will solve all problems of the society, including the problems of education, science, engineering, and environment. MLE can bring heaven on earth (Das, 2020). However, a little thought will show that only yogic power can bring MLE on earth. For more details on MLE see the article (Das, 2012b).

Mark Twain (Twain, p. 393) correctly said ‘Majority is always in the wrong.’ Carroll Quigley, a professor at Georgetown University, and a mentor of former US president Bill Clinton said in his book, Tragedy and Hope, ‘Education has three negatives, and one of them is never teach the truth.’ All these falsehoods happened because our present society does not have a definition of truth. Therefore we must accept the Vedic definition of truth (T1), which is quite obvious and natural. The same definition is embedded in the Bible also.

As we have mentioned everything in the universe is guided by the global destiny of the universe. Therefore all the truths and falsehoods mentioned here are also consequences of the destiny law. All of us are responsible for everything that is happening around us.

### **EXPERIMENTS ON A YOGI**

Swami Rama was the first yogi from India who was tested by western scientists. The results of these experiments changed the thinking of the west on the mind body connection concepts. The results were published in a book called Beyond Biofeedback (Green), and many results appeared in the World book science annual (1974), Encyclopaedia Britannica year book of science (1973), the Time life nature science annual (1973). Swami Rama also appeared in some TV shows in USA, like Good Morning America, Phill Donahue. Below we describe very briefly some of the experiments Swami Rama demonstrated in the Laboratory at Meninger Foundation in Kansas, USA. Some articles are also available free on the internet and as YouTube videos at present time; a Google search will find them.

### **Mind-Body**

Swami Rama has demonstrated (Green) that he can create a temperature difference on the two edges of the same palm of his one hand. The colours at the two edges were different also. The temperatures were measured using thermistors and other recording devices. In another experiment he reduced his heart beat from 74 to 52 beats per minute. He also demonstrated that the T waves were taller than the R waves, indicating differential control of different sections of the heart. Using EKG machine he demonstrated that his heart fluttered at a very high rate averaging 306 beats per minute for 16.2 seconds. This will show no pulse rate on chest. He could create a tumour at any place in his body and eventually make it disappear also. He was photographed with a body chakra, situated on spinal cord, with glowing light on his chest.

Another fascinating experiment was planned but was not executed. He would kill white blood cells at any percentage as requested by the scientists. The blood samples then can be taken out from his body to verify the results. The Swami had to leave USA soon.

Swami Rama made a very powerful statement for the western scientists: *'All of the body is in the mind, but not all of the mind is in the body.'* That means anything inside the body, even at the cell level, can be completely controlled by the mind. The experiments demonstrated this assertion. This mind statement explains the principle behind the yogic power, why placebo medicine works, how yogic power can heal all diseases, etc.

### **Pat Norris**

In an informal meeting the Swami demonstrated an important feature of the yogic power. Pat Norris came to see him in his office. As she entered the room, the Swami told her to ask seven questions, and one by one she did. Then the Swami picked up a paper from his desk, turned it upside down, and gave that to Pat. All her questions were already written in that paper along with their answers; see (Green p.217-218).

The example in the last paragraph shows that moment by moment our life is precisely defined. Pat did not have any chances, choices, or freewill to ask a different set of questions. How can such a thing happen? Swami wrote them down before she came. We can thus see that life is completely predefined, not dynamic or not evolving with time, and cannot be changed. That is why many modern scientists are saying we are under a programmed simulation. But the destiny law is lot more complicated than simple simulation. You may know that both Bible and Vedas talk about destiny law. This example also illustrates that the memory is not in our brain, it is in the universe. The birthmarks example given here also shows that memory is not in our brain, and a yogi can read that memory.

### **Definition of Yogic Power**

A person will be considered a yogi if he can demonstrate and control some or all characteristics of nature, including human body functions, above and beyond the normal features. Such demonstrated power will be called yogic power.

All types of yogic power are not same or similar. Different capabilities are required for different features and levels of control. For example the ability to predict future destiny events requires a skill different from the ability to pass through the walls or giving the eye sight to a blind man. Achieving multiple

varieties of power by the same person also requires different levels of advancements. Many demonstrated examples of such power are the subject matter of this article.

### **Yogi Scale**

To discuss different levels of yogic power, it may be meaningful to introduce the concept of a yogi scale of 100-0, with zero being the highest or maximum level power and 100 being the lowest level power. This scale and its ranges are quite arbitrary, since we have said real numbers are false.

Since every activity is created and controlled by our souls, therefore everything comes under yogic power, the power of our souls. Thus all the ordinary people like me should come in the range of 100-90 in the yogi scale. The highest level power of 0 should be assigned to the first or original guru, who is known as Shiva, if he exists. Same value of 0 should be true for Vishnu and Brahma, if they also exist. There are many well known yogis in Vedic period who come in the scale between 10-0. There are some modern yogis, described in the four books on yogis in this article, who should be placed in the range 10-0.

People who do not have any kind of diseases and survive a normal and peaceful life can be called a yogi and they may be placed in the threshold level of 90-80. People who can predict future events correctly, and heal the diseases of other people may be similarly placed in 50-0. Those who can pass through walls or mountains, build palaces, become transparent to camera photography may be placed in 20-0. This scale concept is useful simply to categorize different features of the power and efforts needed to achieve them. Thus it can be said that this article is designed to describe yogic power in the range 50-0. Most examples, achieved by birth or by meditation, described here fall in that range. It must be understood that all such yogis will be still under the destiny law (Das, 2013b). Nobody can escape the destiny law of nature, not even God, if it exists.

### **MANUFACTURING A BABY**

These examples were discovered and then presented to the western world by Ian Stevenson (1918-2007), a Professor of Psychiatry, at the University of Virginia. A brief summary of two of his examples is given below. These are some of the most fascinating examples of the laws of nature. Some people on the internet called him as the Galileo of the modern century.

#### **Birthmarks:**

A baby boy was born in a hospital with birthmarks of a bullet wounds on his chest and back. Doctors, nurses, and parents confirmed the observation. When the boy learned to speak around the age two, then over a period of time he talked about his past life, which can be summarized in the following way, without the loss of generality (Stevenson). The boy's name was N in previous life. He died in hospital H of town T on date D, due to a gunshot wound on his chest. Over time, the research scholars, news reporters, parents visited the hospital H and verified everything that the boy had said from the autopsy records of the man named N, who indeed died on the date D. Such a kid, who remembers his past life, is known as Jatiswar in Sanskrit.

On another such a Jatiswar case, the boy had complications, and the doctors had to perform surgery on the boy to save him. The doctors found the complete straight line bullet path inside the body of the baby, exactly matching the autopsy record of the dead man of the boy's previous life (Pasricha ).

### **Creation by Soul:**

The above two examples show that the following items are true. (a) The babies are not naturally grown inside the mother's womb. The soul of the baby manufactures the human body according to its own destiny. That is why every baby is different, both physically and mentally. (b) Since during the growth period, there was no brain for the baby, all intelligences and effects came from the memory of the universe and retrieved by the soul of the baby, which is the creator of the baby. (c) Soul controls all our activities, including the design of every cell of the body, the genetic codes, according to the destiny of our life, right from the conception. We have seen such power of mind described here in the experiments on a yogi section. (d) It is the yogic power or the power of individual soul that created all the objects of the universe, just like the baby was created. (e) Yogic power is the highest level power; because it is the same power behind our sun, stars, and galaxies. Thus humans have the potentiality of acquiring the power of sun. This is so because we have the same soul that the sun has. All souls are identical, just like all oxygen atoms are. (f) Therefore your soul or my soul can perform any miracle that you can imagine.

These two examples prove a very fundamental law of nature. Every object has a soul and that soul has created that object. This object is created according to the destiny of that soul. These examples justify the Bible statement 'God is spirit.' Vedas explain it in more details (Virupakshananda). The mind-body experiment by Swami Rama, demonstrated how everything inside the body can be controlled by the mind. The jatiswar case discussed here is another feature of mind control that can be performed by a yogi. Placebo surgery, discussed in this article, is another such feature of mind control.

## **THEORY OF CREATION**

In the previous sections we have given direct proof of existence of soul. The Vedic theory of creation says that there is a root cause for every cause and it is called the soul. In this section we give, from Vedas, some logical explanations for the existence of soul. Then we will understand that the foundation of yogic power is the soul.

### **Samkhya and Gita**

Samkhya, which is a part of Vedas, is credited to Kapila, a highest level seer yogi. Without the knowledge of Samkhya, Vedas (including Ramayan, Mahabharat, and Gita) cannot be understood properly. More than fifty percent of Gita verses are directly or indirectly related to Samkhya. There are many verses in Gita which mention the word Samkhya. Thus to fully comprehend Gita one must read Samkhya before reading Gita. Samkhya theory is a product of highest level yogic power of third eye vision.

Samkhya gives the foundation of the theory that explains yogic power and other laws of nature. Its ideas have been mentioned in Rig Veda (Virupakshananda, p.3). In Gita, verse 10:26 (Prabhupada) Krishna has been defined as – "... among perfected beings I am the sage Kapila". Mahabharat says (Roy, p.8) – "There is no knowledge that is equal to this (Sankhyas). Do not yield to any kind of doubt. The knowledge which is described in the system of the Sankhyas is regarded as the highest". Swami (Vivekananda), a famous Indian philosopher of modern times, says the following – "This wonderful man, the most ancient of philosophers, is mentioned even in the shruti - O lord, thou who produced the sage Kapila in the Beginning". Thus, if any subject in Vedas contradicts Samkhya then that subject should not be considered as part of Vedas.

### **Cause and Effect**

A very fundamental law of nature is the Cause and effect law and is described in the Vedas. It says for every effect there must be a cause. In other words no effect can happen without a cause. The law also says cause and effect are similar in characteristics. Bible has a similar statement, “What you sow is what you reap”. We all know that Newton said, “For every action there is an equal and opposite reaction”.

Samkhya says one very important feature of this law, “The effect is ever existent”. Suppose you make a pot out of clay, then that pot was already inside the clay. You just extracted it from the clay. The concept can be repeated, the clay was already existent inside something else that made the clay. Therefore the pot was also inside that material. This concept is a consequence of another law mentioned in Samkhya, it says, “Non-existent cannot become existent, and similarly existent cannot become nonexistent.” It is a conservation of mass law in physics (Das, 2012a).

In reality this cause and effect law is more complicated, because all objects in the universe are continuously and simultaneously interconnected. Therefore, every action will produce multiple reactions, and the action reaction process will continue forever in time. If I say something, then all the people near me will hear, and everybody will be affected. In the same way every cause is one of the many causes that happened in the previous time interval.

### **Root Causes**

A fundamental departure between modern and Vedic sciences is that the modern science does not consider the need for an intelligent or efficient cause. You take clay and over time it will automatically become a pot, is not correct. A human being will be necessary to convert that clay into a pot. This human is called the efficient cause. This person not only knows the tools to make the pot he also knows how to select the correct material to make the correct pot. This human is the intelligent designer.

Thus we have two types of causes, material and efficient. We trace each one to find the corresponding root causes. Since these causes are two distinct types, we will find two distinct types of root causes also. One will be called the root material, matter, nature, or primordial matter. And the other one will be called the soul or spirit. They have some very similar properties and will be discussed in another section.

### **Matter**

Take any object in nature and ask the question what this material is composed of. You will find a few new materials. You can then repeat the same question again for all of these new component materials and this way you will find many more new materials. But after a finite number of iterations you will come to a same root material for all new materials. The iterations will be finite because every object has a finite size.

The logic shows that the root material must be the tiniest invisible, uncaused particle. Since it is uncaused, that means it must be eternally existent. Since effects are ever existent, all objects actually remain unmanifested inside this root material. That is why many philosophers say the universe came from emptiness, but now you know that it is invisible, but not empty.

You will not be able to see the root material using your ordinary eyes. You must acquire highly sensitive vision, called the third eye vision, as we have demonstrated using examples, in the yogic power section,

to see such normally invisible objects and their characteristics. However the logic presented here proves its existence.

This root material is called matter or prakriti in Sanskrit. Bible calls it dust. This dust is not the dust on our earth, but it is the cosmic dust, that spans the entire universe. All objects of the universe are created from this root material. Bible says, “We are all made out of dust, and we become dust when we die”.

### **Soul**

Along the same line, if you ask repeatedly - what causes this efficient cause - you will ultimately arrive at the root efficient cause, after a finite number of repetitions. This root efficient cause is called the atman, soul, or spirit. It has the consciousness property, because it is efficient. This root efficient cause must also be a tiniest, invisible, and eternally existent, uncaused or unmanifested, particle for the same reasons we have used for the root material cause. Thus we have demonstrated the existence of soul in a very rational way, by asking a simple question repeatedly.

Since everything is created by this soul, therefore every object in the universe has a soul, and that soul has created that object using the root material. Bible says – “God is spirit”, and the spirit is same as soul. Thus the idea of root efficient cause, which is the individual god, or individual creator, is deeply embedded in the Bible also.

### **Periodicity of Universe**

Every object in the universe dies. Astronomers have found that stars, galaxies, planets, etc., also die. It is also true that all objects reincarnate. Thus the birth, maturity, death, and reincarnate are the lifecycle events of every object. Thus every object appears periodically. The summation of all such periodic events will be periodic also. Thus the entire universe will be periodic, with bright and dark periods. Therefore, what is happening now has happened before, when the previous universe was active. Thus Bible’s statement, “There is nothing new under the sun. Whatever has happened before will happen again”, is perfectly correct. This statement of Bible also confirms the reincarnation of humans.

### **YOGIS BY BIRTH**

There are human kids who are yogis by birth. Their yogic power is very limited in scope, though. We present some such observations from the public literature.

#### **Nandana:**

A nine year old autistic girl, Nandana (2004- ), can read her mother’s mind exactly the way her mother thinks. She was tested by some experts in many ways. A poem was written and given to her mother to read. After her mother read the poem the girl typed the poem exactly on her laptop. A large numerical number was also written and given to the mother to read. The girl could type that number exactly (Saseendran).

The above is an example of having yogic power by birth in an ordinary family. Her capability was limited to her mother only. She could not read the mind of anybody else. But a person who has acquired such a yogic power using yoga meditation can read the mind of any person at any distance independent of the languages used. We have given the example of mind reading of Pat Norris by Swami Rama. The

reason we can do this is because memory is not in the brain, it is in the universe, and it is eternally existent there.

**Magnus Carlsen:**

The world champion Magnus Carlsen (1990- ) is gifted by birth, with the yogic power for third eye vision. At very young age he has shown high quality talent in playing chess game. At age 21, he became the number one player in the world (Simon).

Besides his superb analytical power of playing chess game, he has demonstrated that he can play with 10 players simultaneously on 10 different chess boards without looking at the boards, and he can still win all the games. He played with all players sitting behind his back, and he did not see the players and their boards. Thus he has the ability to see things in nature as they happen using his yogic power of the third eye, also called divine vision.

Magnus does not have to use his normal eyes to see things. But his power is limited to only for the chess boards. He cannot see any other things in the same way. Thus his yogic power is constrained in space and in scope. Realize that Nandana has the similar capability, whatever her mother sees she can also see that. A real yogi, who has acquired this skill through yogic meditation, can see anything anywhere and for anytime, past, present, and future.

The above two examples, demonstrated by nature, prove the existence and validity of such yogic power at much more advanced and sophisticated levels. We have implemented this feature using our technology of video camera and computer screen. But this technology is very limited, these two items must be present at both transmit and receive locations. The corresponding yogic power does not have any such restrictions. In the extreme case, a yogi will be able to see any star in any galaxy in exact details and at anytime.

**Maung Kyaing:**

Here is a boy named Maung Tun Kyaing (MTK), from Burma (Myanmar) during the British period, who preached Buddhism from very early age of 4 with profound understanding of the subject. Millions came to listen to his lectures. The case has been authenticated by Lama Govinda (Govinda) and also by the then British governor Sir Henry Butler of Burma. Both of them personally talked to the boy.

The boy spoke not like the one who was taught, to repeat words which he himself could not understand, on the contrary he spoke with such conviction and sincerity that the governor was profoundly impressed by this child. He asked MTK to go from one end of the country to other and preach to high and low and even to prisoners in the jail. Governor believed even the hardest criminals will melt in hearing his genuine faith and sincere goodwill. The boy did so and the prison doors were opened for him.

This example also shows that the memory is not in our brain but it is in the memory of the universe. Any soul can read that memory using the yogic power. All events are precisely written in the memory of the universe, as a 3D video of destiny events, and therefore can be seen exactly. We give such an example of 3D vision of many past lives of Catherine.

## **YOGIC POWER OF MATERIALS**

The following experiments show that everything around us has a soul with its consciousness property, and can be influenced by our own intentions, and with appropriate technology we can detect their effects.

### **Changing Water Crystals:**

A Japanese scientist, Masaru Emoto, demonstrated that the physical shape of water crystals can be changed by showing our emotions to water. In one of his experiments, he took a bottle of water and poured into two glasses, and placed two labels expressing your positive and negative emotions. Then he had frozen the water to form crystals and took photographs of them, and shown (Nemoto) that the one with positive emotion gives better designed crystals than the other one.

### **All particles have souls:**

We know that different parts of the same apple have different tastes. This means as the apple grows in size newer molecules interact with all other neighbouring molecules and create different characteristics. Therefore all molecules are sensitive, just like water crystals. The particles are conscious, different, and interact with humans to give us different tastes. Thus electrons, protons, and all other finer particles are living objects, and cannot be treated as equal. We see that the entire universe is integrated even at the atomic level.

### **Controlling Electronics:**

Princeton University carried out experiments (Jahn) on human interaction with electronic circuits. A random number generator was created using electronic devices and was hooked up to a computer system display. A human operator meditated in front of the device, but was not electronically connected to the machines. It was found that the mean value of the random generator could be controlled and increased over time, gradually, by performing meditation to increase it. In the same way, the meditator was able to influence the device to lower the mean value to below its natural mean.

## **YOGIC POWER OF ANIMALS**

You may think that animals do not have souls, they cannot talk, they do not think, but that is not true. They are as good as humans. They can communicate by using telepathy, the most advanced and unambiguous way to communicate. Humans knew how to use telepathy but we forgot. There are still some modern yogis who can use telepathy. Our telepathic power is still stronger than the oral power. In this section we give two very well known cases to show that animals also have yogic power.

### **Oscar the cat:**

Oscar, a cat, used to live in a nursing home. Doctors found that he could recognize the death time of a patient, and would go on to the bed of that patient, two hours before the death, and sit quietly there, to give the parting comfort. The cat was successful perfectly for all times. The doctors began to rely on his ability and used the event to call the relatives to meet their patient for the last time. The cat's performance was documented in a medical journal (Dosa).

You can explain in many ways the events but that does not eliminate the destiny and the concept of yogic power of the cat. Ability to explain an event is not the same thing as the ability to correctly predict the event. Destiny is a consequence of cause and effect, sow and reap, so there will be always reasons for

everything. Since destiny is created by the simultaneous action-reaction of all objects, there are millions of reasons for every event.

### **Monarch Butterfly:**

Monarch butterfly is a case of yogic power of insects, obviously acquired by birth, among the butterflies. They fly from the east coast of Canada to the west coast of Mexico, seasonally, for more than 3000 miles. But they cannot make it in one life; they die, reincarnate, and continue on their path again. Scientists have tried to divert them from their path by catching them and releasing them at some other place, but they eventually go back to their original track (Bittel).

This example of monarch butterfly shows that the destiny has a continuous trajectory and that cannot be broken by death. Also, memory is not in the brain, but it is in the universe, and a soul can know it naturally, and continues to read and execute it. We are all guided by the destiny, and nobody can change that. Interestingly, this continuity of mission across the death boundary is mentioned in the Gita verse 5.23. This is the principle behind eternal recurrence.

## **ACQUIRING YOGIC POWER**

Demonstrable yogic power cannot be acquired by studying literature. There are some advanced level books on yoga exercise and yoga meditation but they are not adequate to acquire such power. Any discussion of such literature will be meaningless also, unless you have acquired such power by using them. Such literature, appears to be valid and meaningful, but still is not enough for anybody to acquire any such yogic power. They lack the details, any method to measure the progress, and therefore cannot be validated. It is not known to this author that anyone has acquired yogic power by a self study of these books.

### **Kriya Yoga:**

Probably the best yoga book is the ‘Yoga and Kriya’ by Swami (Satyananda). It has about thousand pages and provides many details about Kriya yoga, which was secret, before this book. But it still appears to be insufficient to acquire yogic power, like levitation, healing, etc. It is also not known if anybody was able to acquire such yogic power by reading and practicing the methods described in the book.

The book by Patanjali is a very well known book on yoga principles. It says you can achieve yogic power of all kinds after you acquire Samadhi state of mind. But Patanjali book has even much lower and broad level verses compared to Kriya yoga book for Samadhi state. To achieve Samadhi, one of course has to go through physical yoga exercises, breathing methods, concentration on chakras, meditation, etc. They are all essentially increasing order of concentration techniques.

### **Patanjali Sutra:**

Swami Rama explains ‘There have been many scholarly commentaries on the Yoga Sutras, but all the commentaries miss something very practical. Such commentaries can only satisfy the intellect, but do not actually help you beyond that.’ Let us illustrate his point using one path for acquiring the yogic power for knowing the past and future. Patanjali Sutra (Bharati) says how one can know the past and present state of any object in the following verses.

‘3.16 By samyama on the three-fold changes in form, time, and characteristics, there comes knowledge of the past and future.’ Thus to achieve this knowledge one must acquire the skill of Samyama, which is described in the verse:

‘3.4 The three processes of dharana, dhyana, and samadhi, when taken together on the same object, place or point is called samyama.’ One of the key skills in this verse is the state of Samadhi. Now let us see what Patanjali says on how to achieve Samadhi, and that is described in the verse:

‘2.2 That Yoga of actions (kriya yoga) is practiced to bring about samadhi and to minimize the colored thought patterns (kleshas).’

Thus Patanjali refers back to Kriya yoga, which gives many details but is still not sufficient, as described before, to achieve any yogic power, like the ones discussed in the experiments on a yogi section, or even samadhi.

When a person is seeking sincerely, he will eventually find a yogi guru who will initiate him as a disciple and provide the details to make him a yogi. This will happen because both guru and the student are seeking each other to pass on the knowledge to the student and to maintain the truth on earth. This is the meaning of item three in the definition of truth T1. All the four books discussed in this article on yogis, talk about such meetings. Two examples, one for Giribala and the other one for Lahiri are described in this article (Yogananda).

## **BOOKS ON YOGIS**

There are many books on modern yogis. We have reviewed some of them, and presented some examples of yogic power from the following books. The authors of these books are themselves yogis. They have written about their own master, grand master, and great grand master. These books represent a mission of guru-disciple tradition. For all the fascinating examples and the details of their stories, interested persons should read the original books.

They are considered as classic books. Apple CEO, Steve Jobs, arranged to give one copy of the book by (Yogananda) to every person who attended his funeral. These books are available free in pdf format on the internet. In this sub-section we briefly describe the authors and their books. More details can be found in the free ebook (Das, 2018). Most of our examples are taken from these books; but they have many more valuable examples, which we did not copy for lack of space.

### **Govinda:**

Lama Anagarika Govinda (1898-1985) was born in Germany and later became a Buddhist. Robert Thurman, a Columbia University professor describes him as the greatest philosopher of the west (Govinda). He travelled to East to get a firsthand knowledge and direct experience of Buddhism. Eventually he found his guru Tomo Geshe Rimpoche in Tibet and became a yogi. In his book – The way of the white clouds (Govinda), he gives a very enchanting description of Buddhist culture, values, yogis of Tibet, and the land of the Himalayas. His language and descriptions are so touching that the book will take you to that land of Himalayas in Tibet, and in his period. Govinda truly was a poet. He described many yogis and his guru who had very advanced level yogic power. The book describes how he became a disciple.

**Yogananda:**

Paramahansa Yogananda (1893-1952) was the first great master of India to live in the West for a long period (over thirty years). A graduate of Calcutta University, Yogananda writes with unforgettable sincerity and incisive wit. His book *Autobiography of a Yogi* has been translated into twelve languages (Yogananda).

In 1920 he went to USA as India's delegate to an international congress of Religious Liberals convening in Boston. In the same year he founded Self-Realization Fellowship to disseminate worldwide his teachings on India's ancient practices and philosophy of yoga and its tradition of meditation. Later he established an International Centre for Self-Realization Fellowship in Los Angeles. There is a Hollywood film on Yogananda. This book describes how a Himalayan guru Babaji invites and initiates Lahiri, who in his previous life was a disciple of Babaji. Lahiri was the grand guru of Yogananda.

**Swami Rama:**

Swami Rama (1925-1996) was one of the greatest adepts, teachers, writers, and humanitarians of the 20th century. He is the founder of the Himalayan Institute in USA. Born in Northern India, he was raised from early childhood by the Himalayan sage Bengali Baba. Under the guidance of his master, he travelled from monastery to monastery and studied with a variety of Himalayan saints and sages, including his grand master who was living in a remote region of Tibet. In addition to this intense spiritual training, Swami Rama received higher education in both India and Europe. From 1949 to 1952, he held the prestigious position of Shankaracharya of Karvirpitham in South India. Thereafter, he returned to his master to receive further training at his cave monastery, and finally in 1969, he came to the United States where he founded the Himalayan Institute. His best known book (Rama), 'Living With the Himalayan Masters', which we use in this paper, reveals the many facets of this singular adept and demonstrates his embodiment of the living tradition of the East (Founder). This book describes how he was chosen by his guru before he was born.

**Paul Brunton:**

His first book 'A search in secret India', published in English in 1934 from England, was an instant success, and has been translated in several languages. Paul (Brunton) (1898-1981) wrote – 'I circled the country. India took me to her heart and the vanishing remnant of her sages opened many a door for the unfamiliar Westerner'. It is interesting to read the thoughts of a western scholar, how he searches, understands, and eventually becomes a yogi.

This book (Brunton) is a very good real life example illustrating how destiny unfolds for an individual and how that matches the way we have summarized it in (Das, 2013b). Here is a British journalist, Paul Brunton, who comes to India in search of yogis and their yogic power. The book is on his travel experience for that period in his life. We see in the book, how in miraculous ways various persons and yogis meet him, predict about his destiny, and guide him to his destiny. He learns firsthand from a yogi that how astrology can be so correct for his past days in the present life. Along the way he observed direct demonstrations of various types of yogic power. All paths eventually converged, he finds a yogi, Ramana Maharishi, as his guru, and achieves his personal yogic experience of Samadhi.

## **HUMAN YOGIS**

The case for yogic power of humans is the main focus of this review and research paper. The ability to acquire such power and use them for the benefit of the society is of vital importance. It is possible that people may misuse them. But that is natural, and is part of the global destiny too. However, if the society is designed properly, like in moneyless economy (MLE), then such misuse will rarely happen. In general, misuse of yogic power automatically eliminates such power.

From the above four books we collected some examples of yogic power of many high level yogis. The descriptions of examples were edited significantly to reduce the space. Such yogis are very rare these days, and they are now meditating in the Himalayan caves. But there was a time when they were everywhere. We find in the Vedic literature that many kings of the ancient times were equally powerful yogis. The following examples represent the most common categories of yogic power found in modern literature. Each category can create profound impact on every person in our society.

Healing sick people from any kind of diseases • Predicting future of any person • Telepathy • Death by will • Teleporting physical objects • Transparent to camera photography • Creating a palace • Living without food • Seeping potassium cyanide with no harm.

### **Healing Sick People:**

The Himalayan guru, Bengali Baba, told one of his disciples, who later became Swami Rama, to go to Kanpur and meet Dr. Mitra who is very sick, and he is remembering us. Give him a love pat on his right cheek and he will be alright. Swami took bus, train, and car to reach the town. He saw three doctors are helping the patient, Dr. Basu said he has a brain haemorrhage, he is bleeding from right nostril, he is lying down and cannot sit, and there is no facility for brain surgery in the town. Swami gave him a soft pat on his right cheek, and after few minutes the bleeding stopped. For more details see the book by (Rama, p.113-115).

There is a YouTube video (Light) showing a Chinese yogi healing a cancerous tumour on real time, under an ultra sound monitoring machine, within three minutes.

The examples show that the underlying principle of yogic power has some reasons behind it. It is a simple miracle but not magic. Of course magic is based on technology and magicians will be able to show that technology. Such healing examples explain why placebo medicine works.

### **Predicting future:**

In the western world there was a very famous astrologer and palmist named Cheiro (1866-1936), who predicated many astonishing things about many great historical figures of his time. His predictions appeared in many news papers including New York Times. Cheiro has written many books on his subjects.

Cheiro examined the hands of Mark Twain in 1895, when he was bankrupt and \$94,000 in debt. Cheiro predicted that he would suddenly become rich in his 68<sup>th</sup> year (1903). It came true and he signed a contract. Twain wrote (Twain, p.381) – ‘They guarantee me \$25,000 a year for five years, but they will yield twice as much as that for many a year, if intelligently handled.’ Cheiro was a high level yogi with the power of third eye vision.

Such examples prove that the destiny is a law of nature and can be precisely predicted by any high level yogi. Such predictions, with exact details, are possible even long before we are born (Das, 2018). Thus whatever happens in our life, joy, sorrow, sickness, cures, etc., are all planned, have a purpose, and we will eventually know that.

### **Telepathy:**

The book (Govinda, p.114), describes one telepathic communication skill acquired by yoga meditation that can help to communicate with another person in a different country without any knowledge of the person. While living in Tibet, Govinda wanted to know about his mother's condition in Germany. A Tibetan yogi within few minutes brought the details about his mother. Two weeks later Govinda received a mail from his mother confirming the exact same information.

It is therefore quite logical that we are also connected by our souls all the time with all persons. Our society will completely change if we teach our kids in their high schools how to achieve such yogic power and control our lives.

You may recognize that our cell phone technology can provide this capability. Even one day we will have phones with built-in translators which will be able to communicate in many different languages. But it is not free, so everybody cannot have it. The cell phone is not a natural object; as a result it radiates, and causes noise, health problems, brain cancers, etc. It has technological problems also – absence of network, signal loss, battery down, and many types of noise and distortions. Moreover yogic power gives many other capabilities along with telepathic power.

Cell phone technology can use only oral languages. Oral language is the most confusing method of communication. And probably that is why the world has produced so many languages and still could not identify and solve the underlying issues. Our thoughts do not come in languages inside our mind. The brain converts thoughts into biochemical signals, which is then converted to mechanical vibration into our voice system, then the voice propagates through air media as vibrations and our ears convert that to biochemical signals and the whole thing is reversed again to the mind. But telepathy uses the original signals of the thoughts. Telepathy is the universal language; we can use it to communicate with animals, trees, plants, etc.

### **Death by will:**

The Tibetan guru Tomo Geshe Rimpoche of Lama Govinda, had made it known that he would soon leave his body, which had become a burden to him. Not long after this announcement he retired for a longer spell of meditation and gave instructions to be left undisturbed. He soon entered a state of deep absorption and remained in it for many days. They realized that he had stopped breathing; he had left his body during his meditation and had consciously passed over the threshold between life and death. A few weeks after, Mr. H.E. Richardson, the British envoy to Lhasa observed the body, it remained unchanged and erect in the posture of meditation, see the book by (Govinda, p.172-173).

There are many ordinary humans who also can sense their death time and die peacefully without suffering. Some people pass away in the night while sleeping in the bed. They are all yogis.

### **Switching body:**

A yogi with a very old physical body came to know by using his yogic power that a dead body in good condition, of a young man, will come floating on a river at some location. The yogi went there, picked up the dead body from the river and then cast off his own old body, his soul entered the young dead body, and he continued to live in that body as a young man. The yogi had his all memory, his walking style, and voice of the old man. This was possible because he was a high level yogi. For more details, see (Rama, p.143-144).

This example shows that a soul can know how to wake up and control a different dead body. It will be impossible to imagine such a capability for our computers. In a broken electronic hardware, whose program you do not know, if you replace the memory chip with a new chip, with your own program memory, then you can be 100% sure that the computer will not work. We do not have such a technology yet, even for our computers. But a yogi can do it so naturally. This example also proves the existence of soul; here the soul got transferred from one body to another.

Another similar example, of a soul switching the body, is described in the book (Stevenson). A three and half year old boy died of small pox in a village. In another nearby village an young man of twenty two died in an accident. But the soul of the young man entered the body of the little one, resurrected the little one, and continued living in that body. The little boy described all the details of the young man, his family, and how he died. Observe that this is not a reincarnation case, none of them were yogis, but it shows the nature of yogic power and destiny of a soul.

### **Teleportation:**

Swami Rama visited his grandmaster near Lhasa in Tibet. One day he was thinking it would be nice if he could write down his knowledge and experiences in his diary. Grandmaster immediately said – I can get your diary. Swami told him that - get me a few pencils too. Suddenly three pencils and the diary appeared before him. The diary was large containing 475 pages. Swami left them in North India near Nanital Hills. See (Rama, p.129-135).

We can see that mind reading and teleporting of objects from one place to another is no problem for any yogi. The existence of such power shows that there are some fundamental laws of nature that our modern technology, science, or math has yet to discover. But these techniques can be mastered by anyone using yogic meditation.

### **Camera Transparency:**

In his book (Govinda, p18) wrote:

‘It is a strange fact that nobody ever succeeded in taking a photograph of Tomo Geshe Rimpoche, though many people tried to do so surreptitiously, because they knew that he never allowed anybody to take a picture of him. Those who tried found out that their films had turned into blanks or were blurred beyond recognition or that something happened to the films. Whatever happened, the Guru’s face was never visible’.

In September 1939 two French photographers were travelling to take pictures of Himalayas. Swami Rama paid them to take some pictures of his Master. He led them over a narrow bridge across the Ganges to a small hut where they were living for fifteen days. When the master saw the photographers he looked at him and said, ‘You are a bad boy. Why must you be so obstinate? They will have nothing!’ Swami did

not understand at that time.

The photographers each took a roll of pictures with their separate cameras. Inserting two new rolls, they asked him to sit next to his master so they could take some pictures of them together. In all, four rolls of pictures were taken with two separate cameras from three o'clock to five-thirty in the afternoon. After taking a few more pictures of the mountains, the photographers left for Delhi. When the pictures were developed and returned, Swami could not believe the results. Everything around where the master had been sitting appeared in the pictures, but his master's image did not appear at all! See (Rama, p.124).

### **Colour changing Lizards:**

We know there are many types of lizards who can change their body colours at different times and at different environments. How do they change their colours, intentionally or automatically, may not be known for certain. However, these animals show that the same capability is possible for human yogis also. The theory is - if one soul can do it then any soul will also be able to do it, but of course under the destiny constraints.

We know that the root material has three properties: knowledge, ignorance, and energy. These are the adjustable parameters of the root material. All objects in the universe are created by varying these properties. We change the RGB colours of our television screen using a similar principle. A soul joins the root material to create an object, and it controls their proportions, to give the desired characteristics to the object.

Yogis can change them intentionally or maybe they do it but may not know how it happens. But we can understand the possibilities. We can then imagine that it will be quite possible to adjust these properties for a person to float on air, vanish completely, pass through walls, become transparent to photography, etc. Levitating other objects should be possible also by this same principle. If a yogi can levitate him, then he will be able to levitate any object, including building materials after earthquake damage, etc., and thus help the society at these crisis moments.

It is clear that such capability is not a consequence of evolution of human body or result of a natural selection process. These are due to pure and simple power of soul, guided by destiny, because souls do not have freewill. Humans are souls only. The same principle applies to animals also. What we see as evolution, is nothing but simply the yogic power of the soul. Power of the soul is the root cause of every chain of cause and effect.

### **Creating a palace:**

A magnificent golden palace was materialized (Yogananda) by peerless guru Babaji in the Himalayan Mountains for the initiation of Lahiri into Kriya Yoga. It was radiating a glow of light in the surroundings. Guru created it because in previous life Lahiri wanted to enjoy the beauties of a palace. This shimmering palace, superbly embellished with jewels, has not been built by human effort or with laboriously mined gold and gems. It stands solidly, a monumental challenge to man. Babaji stretched out his hand; a *homa* (sacrificial) fire appeared, surrounded by fruits and flowers. Lahiri received the liberating yogic technique before this flaming altar. The rites were completed in the early dawn.

'Lahiri, you are hungry.' Babaji added, 'Close your eyes.' When I reopened them, the enchanting palace and its picturesque gardens had disappeared. My own body and the forms of Babaji and the

cluster of disciples were all now seated on the bare ground at the exact site of the vanished palace, not far from the sunlit entrances of the rocky grottos. Although stunned, I looked trustingly at my guru. I knew not what to expect next on this day of miracles. ‘The purpose for which the palace was created has now been served,’ Babaji explained. See (Yogananda, p.235-244).

### **Transmutation of Matter:**

Swami (Rama) talked about Aghori Baba, living in a Himalayan cave near Srinagar, who had the power of converting any material to any material, called Transmutation of Matter.

The aghori gave the pundit a cleaver and said to pull ashore the dead body floating in the river, and chop off the thigh and calf muscles and bring a pound of flesh. The poor pundit was in deep anxiety and fear. He was so upset that he accidentally cut his first and second fingers of his left hand and they were bleeding profusely. When the pundit came back, the aghori touched the cuts on his fingers and they were instantly healed, there was not even a scar.

The aghori ordered him to put the pieces of flesh into an earthen pot, then the pot on the fire, and cover the lid with a stone. The aghori ordered the pundit to serve the food. When the pundit took the lid off the pot and began filling my bowl we were astonished to find a sweet called rasgula, which is made from cheese and sugar. See (Rama, p.108-110), for exact details.

We can see how helpful the yogic power can be, if we can reduce all our nuclear waste to some non-toxic safe material like talcum powder.

### **Placebo Surgery:**

Two police officers were chasing a suspect, running away from a murder scene. One of the officers threw his axe to the man that almost chopped his right hand, but he was still running. Eventually they stopped him. They found that the man was a divine looking yogi or sage. They expressed their regret and asked for his forgiveness. The yogi put his arm in its place and it attached and the blood stopped. The yogi said come under that tree three days later and it will be healed. So they went back to see the yogi, and he was completely healed with no sign of any scar. This is described in (Yogananda, p.30-31).

### **Without Food:**

There is a photograph in the book (Yogananda), whose caption says:

‘Giri Bala. This great woman yogi has not taken food or drink since 1880. I (Yogananda) am pictured with her, in 1936, at her home in the isolated Bengal village of Biur. Her non-eating state has been rigorously investigated by the Maharaja of Burdwan. She employs a certain yoga technique to recharge her body with cosmic energy from the ether, sun, and air’.

Giri Bala said ‘From the age of twelve years four months down to my present age of sixty-eight—a period of over fifty-six years—I have not eaten food or taken liquids.’ An advanced level yogi guru came to see Giri Bala, and initiated her to achieve freedom from eating food. For more details see the original reference (Yogananda, p.264-271).

This meeting shows that a guru will come to you only when you are ready. If we can acquire such a yogic power and teach that to our kids to live without food or reduce the desire for food then all problems will

be solved. Hunger in countries who are suffering from lack of food supply will vanish, unemployment and poverty will not be a curse anymore, and people will have full democracy.

**Potassium cyanide:**

Narasingha Swami was given a bottle of sulphuric acid; he poured few drops in his hand and then licked them up with his tongue. He was then given strong carbolic acid and he licked that up too. Then he was tried with potassium cyanide, but he swallowed it without turning a hair. He had taken enough potassium cyanide to kill any other man within three minutes at most, yet there he stood smiling and apparently unharmed, see (Brunton, p.186-187).

This example shows that nothing can harm us. It is the yogic power of our souls that creates the diseases and it is also the same power of souls that cures us. Thus medicine has no impact in our life, it is only a medium that helps to keep and maintain the events in our destiny. Unfortunately medicine produces many side effects; but the yogic power will not have that. Such power also shows why prayers work. Prayer is nothing but a method of meditation for activating the yogic power of our souls. But do not forget that the destiny is the highest level law of nature. Nothing can happen if it is not written in the destiny.

**Levitation:**

There are many examples which show that a high level human yogi can levitate, float, and even walk or fly in air, above the ground. Saint Joseph of Cupertino has demonstrated levitation, defying gravity, and his case is most well documented in the western world as mentioned in (Grosso). Such examples prove that the Ramayan story of Vedas is real, since it is meaningful to possess, by the entire race of demons, the ability to fly by birth. Hanuman acquired also such flying power by birth.

Such examples of levitation prove that our understanding of gravity in modern science is wrong and all explanations of phenomena, based on gravity, should be re-examined. Once we really understand how gravity works, then we may be able to fly our aircrafts and missiles in much faster speed like an UFO.

**YOGIC POWER OF UFO-ET**

UFO-ETs have also demonstrated the same yogic power at much higher levels and in numerous varieties than our present day earth yogis. If you think government or money power will tell you the truth about UFO-ETs then you will never learn about them. You must become a seeker, and only then you will find that all truths are there on the internet. There are thousands of videos and written documents about UFO-ETs on the internet. Many UFO-ET abductees have written books on their abduction experiences. The fact that UFO-ETs have yogic power proves that nobody invented yogic power, and it is written in the memory of the universe. It is a property of all objects of the universe. The quality of yogic power of UFO-ET as described on the internet and in many books comes in the range of 10-0 of the yogi scale.

**Healing power:** UFO-ETs have helped human abductees to activate their yogic power. There are hundreds of videos on human abductees, describing their experiences, and their body implants. One hybrid woman, between UFO-ET and human, has given eye-sight to a blind woman, and the case is well documented in a book, called Raechel's Eyes, written by the mother of the blind woman. There are many YouTube videos on that book. UFO-ETs also pass through the walls when they abduct humans. They can make their human abductees to float with them and pass through the walls of the houses to their UFO.

We have seen such examples demonstrated by a modern human yogi Trailanga Swami. There is a book (Dennett) on healings of humans by UFO-ETs.

**Placebo surgery:** An UFO-ET broke his leg when their UFO crashed in a Brazil site. The military called a local doctor to fix it. As soon as the doctor put the broken bones together, he immediately started healing, and on the next morning he was completely cured. This incident was described by that doctor, who was told to remain silent, almost twenty years later (Leir). There is a YouTube video on the subject. We have described such a placebo surgery by a human yogi in this article.

**Body Implants:** ET-human hybrids are all very high level yogis, maybe by birth, or probably they do not need any yogic meditation to acquire such power. Such observations are not found in Vedas and even in ancient Vedic periods. ETs can transfer their yogic power very easily to human abductees. The body implants, recovered from UFO-ET human abductees, have also yogic power. Such materials can grow human tissues in them; they can even get joined together automatically when broken; they are very hard to break though; diamond cutters cannot cut them. They stop functioning when taken out of the bodies of the abductees. Such implants do not cause infections in the human body, and the humans do not reject them either (Mufon).

It is quite possible that the implants are created by yogic power, just like the palace was created by yogic power, as described in this article. Maybe the entire UFO is the product of yogic power, because some of them have very smooth surface, which cannot be manufactured without creating rivet joints, at least our earth technology does not know that.

No high quality advanced yogi, including UFO-ETs, can be harmful to anybody in the entire universe. Such yogis are always connected to everybody everywhere. Thus UFOs cannot be our enemies. They come here to educate us, they want us to find the truth, and they leave many kinds of evidences among us so that we learn about them. This is happening for millenniums. This is how the universe is integrated, and it demonstrates and maintains the truth.

## **MEDICAL SCIENCE AND YOGIC POWER**

Medical industry has the data to show that all diseases, including stage four cancers, have been cured by placebo medicine (Rankin). Placebo medicine is a fake drug, like sugar pill. Such facts indicate that the medical science does not know why patients get cured without any drugs. It also indicates that the patients who got cured by medicine are actually cured by the placebo effect. We have given yogic power examples from (Yogananda, Govinda, and Rama) to show that any patient can be cured by any high level yogi using only the yogic power, i.e. without any medicines, and almost instantly. Thus anything that happens in our body is a consequence of our yogic power only. We have also seen that this idea is confirmed by the mind body concept.

Some of the review papers in medical science show that the concept of yogic power is not understood adequately by the medical communities. Yogic power is not the power of the yoga exercise, or the yoga meditation, but it is the power of the soul. Moreover destiny law is also very important. A patient can be cured only when it is in the destiny of that patient. However, nobody can tell the destiny of anyone except a seer yogi with the high level power of third eye.

The article (Stephens) says ‘Multiple studies have shown that yoga can positively impact the body in many ways, including helping to regulate blood glucose levels, improve musculoskeletal ailments and keeping the cardiovascular system in tune.’ – The subsection on experiment on a yogi, demonstrated such capabilities at more advanced level. It is the control by mind that is used to create and remove all cardio symptoms. A yogi has such a power and he can activate such power in the patient even remotely (Rama).

The article (Stephens) also says ‘Yoga alone should not be considered a substitute for appropriate medication or psychotherapy.’ – It has been demonstrated (Govinda, Rama) that any high level yogi can cure any disease of any patient. The substantial difference is that in the Vedic system, the yogi acts as the doctor, the patient does not need to be trained in anything; he will be cured automatically. We have discussed about a YouTube video (Light) on curing a stage four cancer by a Chinese yogi in real time, within three minutes, under an ultra-sonic monitor. Recognize that such machine is only displaying the placebo effect, so nothing new is revealed here. Since destiny is the highest level law of nature, you cannot get what you want unless it is in your destiny. Technology does not prove yogic power, it only documents the observations.

Another article (Cramer) says – ‘In accordance with the findings of earlier studies, we found that only yoga without yoga postures induced a short-term lowering of ambulatory systolic blood pressure.’ – This confirms the idea behind yogic power that the mind or soul controls everything. There is no need for anything physical, because soul will control everything appropriately to heal the body (Rama). The doctor should be an advanced level yogi and help the patient without any external intervention. It is the soul to soul communication that solves all problems.

If a patient performs yoga from childhood days he will be able to cure himself easily with the help of another yogi. Such a patient may not even get any kind of diseases to begin with. So viruses will not affect him. We have given a yogi example, which shows even potassium cyanide cannot kill a person (Brunton). Note that each molecule of potassium cyanide also has a soul, and therefore cannot harm anyone if treated properly. When you are in fine tune with nature, the nature will also care for you all the time. It is possible to create an environment where a tiger and a deer will drink water from the same place.

The power of soul is the yogic power. This power controls the mind, which then controls the brain, and the brain finally controls the body. Thus without any exercise or meditation, yogic power can be activated (Rama) by any high level yogi to completely cure the patient almost instantaneously. The Vedic theory and the examples described here say that the soul and the mind are outside the human body (Virupakshananda). When a human reincarnates, soul and mind, come back in the new body with all the past life memories and experiences, but we are still guided by the destiny.

### **Catherine:**

She was treated by Dr. Weiss (1944- ), Head of Psychiatry at the Mount Sinai Medical Center in Miami, using past life regression therapy (PLR) by hypnosis. Hypnosis is nothing but a method of an extraordinary level of concentration. Such concentration generates yogic power of third eye capability that enables to examine one’s own past life activities from the memory in the universe. Catherine, twenty-seven years old, was treated for her chronic anxiety, panic attacks, and phobias persisting from her childhood days. She became completely normal after several PLR sessions within a few short

months. Prior to that, Dr. Weiss treated her with conventional methods for eighteen months with no effects.

Catherine experienced clear vision of many of her past lives on earth. She gave detailed descriptions of those lives in many countries, both as male and female births. Catherine also verified her own revelations by visiting a highly advanced yogi, Iris Saltzman. Here is an example (Weiss, p.27) of the type of 3D videos that is stored about our lives in the memory of the universe.

‘I see white steps leading up to a building, a big white building with pillars, open in front. There are no doorways. I’m wearing a long dress ... a sack made of rough material. My hair is braided, long blond hair.’ Dr. Weiss wrote, ‘I was confused. I wasn’t sure what was happening. I asked her what the year was, what her name was.’ Catherine replied, ‘Aronda ... I am eighteen. I see a marketplace in front of the building. There are baskets. . . . You carry the baskets on your shoulders. We live in a valley. . . . There is no water. The year is 1863 b.c. The area is barren, hot, and sandy. There is a well, no rivers. Water comes into the valley from the mountains.’

The other yogi, Iris, that Catherine visited, also read the same data in the same way, but not under hypnosis. When Catherine reads her data she does not need to identify the starting point in the memory, her soul knows it automatically, just like we all do. But when the yogi Iris searched it he needed the birth place, time, and date of Catherine.

Going through many sessions of hypnosis Catherine acquired the third eye power in other areas also. She picked winners for every race in the racetrack, to demonstrate her power to her skeptic father. Dr. Weiss also went with them. She gave away all the money to the first poor man she found on the street on her way out of the track. Dr. Weiss wrote, ‘I was both shocked and fascinated by her psychic abilities, especially the episode at the racetrack. This was tangible proof. She had the winning ticket to every race. This was no coincidence.’

The details in many examples of Catherine show that (1) Memory is not in the human brain; it is in the memory of the universe. This memory is also known as Akashic record, akash means space or sky. (2) The memory represents a 3D colored video. (3) The quality of this video never deteriorates over time. It has as much detail as you want. Every moment of the life is encoded for all incarnations. (4) Many small and big incidents of present life are all connected to the past life incidents. She was healed, as she discovered her past life connected events. (5) Many people of present life remained together in many past life incarnations. (6) The PLR sessions may help to acquire high level power of third eye vision. (7) The regression process can also produce the placebo effect for many other diseases in our lives, not just the psychiatric symptoms. (8) PLR sessions should be actively pursued by medical professions for the benefit of humanity. (9) PLR method may become an alternate path for acquiring yogic power.

## **DESTINY AND YOGIC POWER**

The entire universe is controlled by the global destiny of the universe. Therefore all souls are also controlled by the same destiny law, which in turn controls the nature and scope of the yogic power. The characteristics and events in the life of every human being are predefined by this destiny law.

### **Simultaneity Law:**

Destiny law happens because everything in the universe is continuously and simultaneously interactive, with each other for all past, present, and future times, both physically and by the consciousness property of the soul of every object (Das, 2013b). Destiny is the highest level law of the universe. This law is confirmed by the Newton's action-reaction law (Kaku). One physics textbook (Eddington, p.46) says 'things do not happen, they are already there, and we just pass through them'. Thus destiny is static, it is not evolving, and it is eternally existent.

### **Corporation:**

Destiny concept can be best understood by observing the operation of a manufacturing corporation. Here every project is broken down into smaller tasks, each task is assigned an appropriate person, there is a start and end time for each task. All employees are supposed to work in cooperation to make the project happen. Any freewill will destroy the product and schedule. Moreover, you participated in making the schedule, then why would you use your freewill now. Inside a corporation, you will be able to predict exactly who is doing or will be doing what at any time, because you know the complete schedule. Destiny law is the extension of this concept to the entire universe with perfect knowledge, precise plan, and over many billions of years.

Therefore in the universe if anything moves then everything moves as German philosopher Nietzsche has pointed out. Fascinating thing about destiny is that it is completely deterministic and therefore precisely predictable, before the events happen, by any high level yogi with the power of third eye. Such yogis are called Seer Yogis.

It is of course clear that if something is deterministic then it can be precisely predicted before it happens. If we throw a stone, then we will know when and where it will land. Missile defence system deployed by Israel is an example of a more complex system of determinism. Uncertainty Principle (UP) of Quantum Mechanics is wrong, as it is proven elsewhere (Das, 2013a), and therefore it cannot contradict the destiny law. For more details of destiny you may want to read the article (Das, 2013b). The following two subsections will also validate the destiny law.

### **No Freewill:**

It is very easy to understand that we do not have freewill. All our actions have reasons, without any reasons we never do anything. That means our reasons control our actions, so we cannot have freewill. Also, since reasons come before we act, past controls the present. Therefore we are guided, moment by moment, by the destiny law. Note that the sow-reap law of Bible also says that we cannot have freewill. Cause and effect law of Vedas say the same thing. It is obvious that this law cannot be violated even if you are high level yogi.

### **No Choices:**

We also do not have any choices or options for all our actions. This is so because we analyze every option one by one, since our mind works only sequentially. When we take any one of the options and analyze it, our freewill does not work for that option and for that time slice, as explained before. Our things happen in the same way for the next time slice and for the next option. Thus in every moment, or in every small time slice, we have only one choice with no freewill.

### **Seer Yogi:**

Seer yogi (Drashta) is a person who can see the memory of the universe, and therefore can precisely predict the destiny. We have given some such examples: Pat Norris in the - experiments on a yogi section, Maung Kyaing in - born as a Buddhist philosopher section, and also the palm reading of Mark Twain. A very powerful seer yogi, in the range 10-0, can see the entire space time of the universe, that is, the fact that the universe is repeating will also be visible to them. This recurrence is natural, because of the periodicity of every life of every object in the universe. When you combine periodic waveforms you will get a new periodic waveform of longer period.

That is why the Bible also says – “There is nothing new under the sun, whatever has happened will happen again.” This idea includes reincarnation of soul or life. If you acquire this yogic power, you will be able to see reincarnation of other people, including your all past and future lives. Thus a seer yogi can see everything and will be able to predict every event or destiny precisely. This third eye vision and the corresponding abilities are also described in Gita (Das, 2014a).

## **THEORY OF YOGIC POWER**

In this section we list the properties of soul and root material, which are in many respects identical. We also describe the concept of subtle body that survives the death of gross body, which is the physical body that we can see and touch. Subtle body performs all the functions of our activities. Such structural fundamentals will help us to understand why and how yogic power works.

### **Definition of Soul:**

The soul is (1) the tiniest invisible particle. (2) It is the only particle in the universe that has consciousness. (3) Soul particles span the entire universe, just like oxygen particles span the entire environment of the earth. (4) It never dies. (5) It is eternally existent, unborn, and uncaused. (6) It is the root cause of all causes. (7) Every object has a soul and that soul has created that object. (8) All souls are identical, just like all oxygen molecules are identical. (9) It can pass through mountains. (10) Total number of souls is a finite constant since souls cannot be created or destroyed.

Since you are an object of nature, therefore you also have a soul and you can experience its presence inside of you by performing yogic meditation. Next we define the matter or root material, also called the primordial matter. Its definition is very similar to the definition of the soul (Virupakshananda).

### **Definition of Matter:**

The matter is (1) the tiniest invisible particle. (2) It is a particle that has three properties – knowledge, ignorance, and energy. (3) Matter particles span the entire universe, just like nitrogen particles span the entire environment of the earth. (4) It never dies. (5) It is eternally existent, unborn, and uncaused. (6) It is the root material of all objects. (7) Every object is created from this matter by a soul. (8) All matter particles are identical, just like all nitrogen molecules are identical. (9) It can pass through mountains. (10) When isolated the three properties remain balanced as a neutral matter. (11) The proportions of the three properties are adjusted by a soul when a soul interacts with a matter to create an object of nature. (12) Total number of matter particles is a finite constant since they cannot be created or destroyed.

The three properties or gunas are: Sattya (knowledge), Tamas (ignorance), and Rajas (energy). By controlling these three variables a yogi can achieve many characteristics of his body like, passing through

walls, becoming transparent to camera photography, float in the air, avoid sicknesses, emit heavenly fragrance, healing wounds, etc. For more details on these three gunas see Gita and Samkhya.

### **Structure of all objects:**

Vedic science mentions the following structure for all objects in the universe, starting from atomic particles like electrons to giant galaxies in the heavens, including all humans (Virupakshananda). Similar structural description can be found in Bible also. Only this structure can describe all the examples of yogic power, reincarnation, and the destiny law in a meaningful and consistent way.

Every object consists of three parts: (1) Soul, (2) Subtle body, and (3) Gross body. It is the gross body that we can see everywhere, which we can touch and feel. The gross body always dies. Since every created object dies, the subtle body will also die but after many incarnations. The soul never incarnates, it is not a created object, it is uncaused. But soul always remains attached with the subtle body. The subtle body contains, among other things: Intelligence, Mind, and Identity (ahankar in Sanskrit). For more details, take a look at the original Vedic literature Samkhya, or a simplified version in the chapter on soul theory at site (Das, 2018).

### **Human Memory**

It should be mentioned here that the memory is not a part of this structure. A realistic model of human memory has been presented in (Das, 2012c), which justifies the examples of yogic power and the destiny law. Existence of third eye vision and destiny law show that memory is in the universe and it cannot be a part of any object in the universe. This memory can be accessed only by using the yogic power of third eye vision. The third eye vision is described in details in Gita and also in Mahabharat which are parts of Vedas.

## **CONCLUSIONS**

We have given many examples of yogic power and it is hoped that you will investigate the literature and learn more about them. Nature can be understood only by observing the nature. We have shown that science theories are based on assumptions and therefore none of them can help you to learn about the nature and the yogic power.

Yogic power is the power of your soul. People have observed the nature, and found that every object in the universe has a soul, and that soul has manufactured that object. Thus the statement – God is spirit – as stated in both Bible and Vedas, is confirmed by these observations. The spirit is the soul and the God means that your soul is your creator.

Thus yogic power is the highest level power, since it not only created you, a soul has also created the sun, and similarly another soul has created the galaxy, etc. Therefore a soul can perform anything you can imagine. However, we have also observed that everything is guided by the destiny law of nature, which is created by the simultaneous interactions of all souls for all time. Nobody can escape the destiny law, not even the highest level yogi. Understanding of yogic power will give us better health and clear vision about life and its purpose.

## DECLARATIONS

### Abbreviations:

UFO-ET: Unidentified Flying Objects – Extraterrestrial.

CB: Central Bank.

CBE: Central Bank Economy.

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### Authors' contributions:

Everything in this article is created, designed, and documented by this author. However, all credit goes to the people who have helped me in this research.

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